

USDA

Wellness Blood Screening

Wednesday, August 6, 2003

General Information

When: 7:30 A.M. – 10:00 A.M.
Where: Room 1038-Sbldg – Old Health Unit
Who: USDA employees and spouses
How: Call for an appointment; allow 15 minutes for blood draw;
results reviewed by physician & then mailed to your
home within 7 days

Available Laboratory Blood Tests

Select one or more tests at the time of service

General Wellness Test

Fast 12 hours for this test

- (a) **Full Blood Chemistry & Complete Blood Count - \$ 35**
includes
- Cholesterol/Lipid tests & triglyceride (5 tests)
 - Diabetes Screen (glucose)
 - Liver & Kidney Function Tests (14 tests)
 - Thyroid Test (T4)
 - Heart Function (4 tests)
 - Bone/Muscle Function (3 tests)
 - Anemia Screening (2 tests)
 - Complete Blood Count (6 tests) screens for indications of anemia, infections, bleeding and blood disorders

For most people, this basic screening test is recommended.

Specific Screening Tests

These are non-fasting tests

- (b) **PSA - \$ 36** *cancer*
Screens for early indication of prostate cancer; recommended for men over 40
- (c) **C-Reactive Protein - \$30** *heart disease*
Screens for systemic inflammation within the body, linked to heart disease. Test significantly improves risk prediction when added to lipid panel tests offered in test (a)
- (d) **Hemoglobin A1c - \$45** *diabetes*
Measures average blood glucose (blood sugar) levels for prior 8 – 12 weeks. Complements glucose test in test (a)
- (e) **Thyroid Stimulating Hormone (TSH) - \$55**
Screens for thyroid function, complements T4 test offered in test (a)
- (f) **Blood Group & RH Type - \$15**

Select one or more of these tests, if desired

To Schedule an Appointment

Call Health One (703) 933 – 9333

Or

Go to Appointment Service @ www.healthoneinc.com

Results: Laboratory test results reviewed by Health One physician & mailed to your home within 7 days

All test results held strictly confidential

More on Fasting: Do not eat for 12 hours prior to the blood draw, but do drink plenty of water; diabetics and pregnant women should not fast but continue with their physician-approved diets

Payment: Collected at time of service in form of cash, check, Visa, MasterCard

Health Insurance: These tests are generally not reimbursed by insurance

Services provided by: Health One, Inc. ** 4600 King Street, Alexandria, VA 22302 ** physician health services since 1980